

WHAT OFFERS A SPORTS CLUB?

- Sports clubs provide fun by jointly practising physical activities and sports together with others.
- Sports in the club promote the personal development of children and young people.
- Sports contribute to a healthy and happy life.
- In the sports club you can participate, stand up for other persons, commit yourself on a voluntary basis and get actively involved in the shaping of clublife.
- In the sports club you find friends, companionship, solidarity and cooperation.

What are support point clubs doing along the lines of the programme "Integration through Sport"?

Some sports clubs offer targeted programmes for persons who are new in Germany. They try to make it easier for them to enter new groups and advise them, also beyond sport issues, in matters of everyday life.

For further information on such support point clubs as well as other questions concerning the DOSB programme "Integration through Sport", please view:

www.integration-durch-sport.de

The programme "Integration through Sport" is sponsored by the German Federal Ministry of the Interior and the Federal Office for Migration and Refugees.



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HOW DO I FIND THE RIGHT SPORTS CLUB FOR MYSELF?

In Germany there are more than 91,000 sports clubs. You find them in every town, most often very close to you.

For information on addresses and programmes offered by sports clubs, please contact, for example:

- Sports Confederations at municipal/district level
- Land (regional) Sports Confederations/Land Sport Federations
- Municipal administrations
- Sport offices (of the municipality)
- Schools
- Youth centres

INTEGRATION THROUGH SPORT



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WHAT IS A SPORTS CLUB?

- A sports club is a voluntary association of persons who want to practise sports together.
- Sports clubs are the biggest providers to offer sport and physical activities in Germany.
- Sports clubs are autonomous, independent and non-profit organisations.
- The members organise, administer and finance their sports club themselves.
- Sports and games programmes take place in facilities of the municipality, the school or the sports club – area-wide and at low costs.
- The sports club is open to everybody: children, young people, adults, families, women, men, senior citizens, persons with a disability, recreation-oriented sportsmen and sportswomen and top level athletes.



HOW MUCH COSTS THE SPORTS CLUB?

The members of the sports club regularly pay a small contribution to the club. The amount varies according to age or the size of the family.

The programmes of the club are often offered at reduced costs to pupils and students or to unemployed people. The size of the clubs and the kind of sport offered also play a part as regards membership fees.

The sports club administers the money and finances, among others:

- Rental fee for sports hall/sports ground
- Remuneration for trainers and exercise instructors
- Sports implements
- Costs of tournaments
- Insurance against accidents

SPORTS CLUB = SPORT + COMMUNITY

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">SPORTS</p> <ul style="list-style-type: none"> • Leisure time sports • Sport courses • Competitive sports • Top level sports • Family sports • Women's sports • Children's sports • Sports for health • Fitness sports • Sports of handicapped persons 	+	<p style="writing-mode: vertical-rl; transform: rotate(180deg);">COMMUNITY</p> <ul style="list-style-type: none"> • Excursions • Festivities and celebrations • Events • Contacts • Friendships • Home (sense of belonging) • Holiday programme • Leisure programme • Honorary post • Feeling at home
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HOW CAN I JOIN IN?

Taking part in sports programmes

Every club member may participate in the programmes offered by the club.

Leading sports groups

Any person may take part in a training/education in order to lead sports groups of the club as a trainer or an exercise instructor. The club gladly informs you about this kind of participation.

Small kinds of support (without membership)

Some support is often necessary, for example, for trips to the places where

competitions are held, for preparations of club celebrations or similar activities.

Honorary and voluntary work

Any club member may get involved with working for the sports club, for example, as a:

- Trainer or exercise instructor
- Member of the Executive Board
- Person in charge of elderly people
- Commissioner for integration
- Volunteer at club festivities



Pictures: © LSB NRW/Andrea Bowinkelmann, Brandenburgische Sportjugend (basketball)